## SUMMER CAMP[S]



Parents, please send kids with reusable water bottles and sunscreen! Please label all personal items sent to programs!

### Kids Camp (AGES 2-5

Tuesday-Saturday • 9am - 2pm Check in @ 8:45am Pinecone Kid's Center Begins Friday, May 28 Ages 2-5 (2 - 3 potty trained with a CIT)

It's time for some great outdoor adventures. We visit parks around property, play putt putt golf, do arts and crafts plus so much more! Lunch is included and we now have Golf every week, Swim, and Tennis\* offered Wednesday, Thursday & Friday available upon request. \**Tennis is an additional charge*.

### Explorer Camp AGES 6-9

Tuesday - Saturday • 9am - 2pm Check in @ 8:55am Aspen Rec Center Begins Friday, May 28

Are you ready to have a blast and hangout with other kids your age? Adventuring in the great outdoors, sports at the parks, hiking, awesome field trips\*, and much more! Check with Recreation for field trip dates and locations. \*Additional cost for field trips & Tennis.

### Crew (AGES 10+

### Tuesday - Saturday • 9am - 2pm Check in @ 9am Meadow Pool Deck

Begins Friday, May 28

For the second year in a row, our teen and tween group will have a Camp of their own! At Crew we will take our teen/tweens on and off property to field trips\*, disc golf, hiking, fishing, fitness classes, golf, tennis and much more! \*Additional cost for field trips, Tennis & Golf.

### Lawn Games

Thursdays & Saturdays 5:30 - 7:30pm Meadow Event Lawn

**Fridays • 5:30 - 7:30pm** *Canyon Driving Range* 

#### Ages 4+ (2-3 potty trained with a CIT)

Where kids can be kids! Let your kids come run off their energy and play new games with us while you enjoy dinner at the clubhouse! Games like dodgeball, medic and fastest tag in the west keep the kids entertained for hours! *Begins: Friday, May 28, 2021* • *Price: FREE* 

**Crew Night Ages 9+ Friday nights • 5:30 - 9pm**  *Meadow pickup 5:30pm (FRC) Canyon Rounddabout pickup 6pm* 

Shuttle leaves Canyon at 6:15pm

Want to get away from the little kids and go see a movie or go to the mall with just your friends? Well now you can! This Season we are offering a shuttle from Forest Highlands every Friday Night during Cooldown for the tweens to hangout on or off property! Get dropped off at the Meadow Clubhouse or we can pick you up right from the Cooldown! Dinner included. Only 14 seats available sign up in advance to save your spot! *Begins Friday, May 28* 

\$40 (Member) • \$45 (Acc. Guest)

### **Member Prices**

- 50 package \$2,000 (\$40/camp)
- 30 package \$1,290 (\$43/camp)
- 15 package \$675 (\$45/camp)
- 10 package \$480 (48/camp)
- 5 package \$250 (\$50/camp)
- Single Day \$55 (24 hr registration)
- Summer Drop in rate \$60

#### **Accompanied Guest Prices:**

- additional \$10 when paired with a camp package
- Single Day \$60 (24 hr registration)
- Summer Drop in rate \$70

### CAMP PRICING 2021

Packages expire at the end of the next calendar year

### **Paintball Galore**

**Saturdays • 3 - 5pm** *Meet at the Paintball Arena* 

**Ages 7+** Come ready to get dirty and blast your friends and foes in games like President Carter, Capture the Flag, and Team Deathmatch. \*\*Be sure to wear long sleeves and long pants. We provide the face masks and paintball blasters. Limited to 10 players. Minimum sign up of 5 kids required. 24 hour cancellation is strictly enforced! A ½ charge will be billed to your member account if you do not cancel 24 hours in advance.

Begins: Saturday, May 29, \$35/player • \$40/player (ACP)

### **Saturday Night Fever**

Saturday Nights Year Round 6 - 9pm During Season 5 - 8pm During Off Season Pinecone Kid's Center

#### Ages 4 and up! 2-3 with CIT

Join us for an evening filled with unique themed crafts and a movie! Dinner included. *\$35/kid* 

### Swim Club

Mondays & Wednesdays • 2:30 - 4pm Meadow Pool Deck

**Ages 5+** Meet us on "deck" for organized swim! Our instructors will work with kids of all ages to master all the classic swim styles. Afterwards, kids will have the opportunity to join in group pool games such as water basketball & volleyball, ring toss and much more! *Begins June 2* • *\$15/swimmer* 

### REGISTER

at members.fhgc.com



Ensure that your text doesn't auto-correct to put a space between the letters. It has to be an exact match!

## SUMMER PROGRAMS

### REGISTER

at members.fhgc.com

### **Kid's Game Show Night**

Saturday, May 29 • 6 - 9pm Aspen Rec Room

**Ages 5+** (Ages 2-4 KC drop in available) We will be hosting a Family Feud night. Test your knowledge against your friends for a chance to win prizes. *Price: Member - \$35 AGP - \$40* 

### Kids Taste of FH

Saturday, June 12 • 5 - 9pm Aspen Rec Room

**Ages 5+** (Ages 2-4 KC drop in available) Now the kids can join in on the fun too! Join the Recreation Department on June 12th for our own "Kid's Edition" of the Taste at Forest Highlands. We will have unique and tasty sodas from all around the world, paired with various kid approved appetizers and snacks. Space is limited! Register in advance to secure your spot! *Price: Member - \$45 ACP - \$50* 

### Nerf Wars

Sunday, June 13 & July 11 • 12pm Sand Castle Park

**Ages 7+** Bring your best Nerf Blasters and plenty of ammo, and your A game for a competitive round of Nerf War at the Sand Castle Park! Our staff will set up multiple games for you and all of your friends to show off your tactical skills and blasting techniques. Winners take home a prize! *Price: \$15 per person* 

### Drama Class/Rehearsal/ Performance

Rehearsal and Performance Dates: Rehearsal Week: July 26 - 30 Performance: July 31 • 5pm Canyon Clubroom

**Ages 4+** Do you have the desire to be on stage? Ever dreamed of being an actor or actress? If you answered yes, come join us this summer to get in touch with your inner thespian! We will spend weeks preparing a special drama performance for all of your family and friends! During this time we will be practicing various acting techniques, set building, and really getting into our characters! *Minimum 8 kids to move forward with class. Price: \$250* 



### Staff VS Kid's Volleyball Tournament Saturday, June 26 • 5-7pm Sports Park

**Ages 7+** Want the chance to test your volleyball skills? This event gives the kids of Forest Highlands the chance to play their favorite counselors in a tournament for prizes and bragging rights. Make a team with your friends to see who is the best! *Price: Members- \$25* AGP - \$30

### Kids Water War Sunday, June 27 • 10am - 12pm Sport Park

**Ages 4+** Load up your super soaker and get ready for this all out water war! Everyone versus everyone in this never before battle of water blasters and water balloons! Meet at the Sports Park ready for the challenge! *Price: \$25/kid* 

### Callaghan's Soccer #1 and #2 (mornings only)

Session #1: June 28 - July 2 • 9am Session #2: July 5 - July 9 • 9am Sports Park

**Ages 5-16.** The mainstay of our sports program! Two sessions to choose from.. Callaghan's English Soccer Camp is a unique "guided discovery" philosophy to develop good control, passing and decision making. The goal is to turn a player into a 'complete' player with an emphasis on techniques and tactics. *Price: \$235/per player* 

### CORE 5 Sports Camp (Co-ed)

Mon - Fri, July 19 - 23 • 9am - 12pm Sports Park

Ages: 5-13 Core 5 is back again for another year of Sports Camp! Come on and learn the FUNdamentals of dodgeball, kickball, wiffle ball, PLUS flag football skills and drills games! During this week-long camp, we will also focus on speed and agility training. *Registration minimum 20 players or camp will be cancelled. Must register by July 9. Price \$235/player. No single day pricing available.* 

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### C.I.T Class (Counselor in Training)

May 22, June 5, June 19, July 10 & July 24 • 3pm • Aspen Rec Center

Ages 10 and up • Price: \$25



Interested in making some extra cash this summer? Counselors in Training assist Counselors with children 2-3 years old who are potty trained and want to attend our kid programs like Kid's Camp and Lawn Games. Counselors are trained by the Recreation Staff and get first hand experience working with children. Once certified, a CIT makes anywhere from \$4-5 an hour and is paid directly by the guardians of the child being watched. Private CIT classes available upon request!

Kids Chopped Saturday, July 24 • 6 - 9pm Sports Park

Join the Forest Highlands Recreation staff for a night of food and fun. Participants will be tasked to make meals for our taste testers (Rec Staff). Playing like the tv show chopped to find the best kid chef! *Price: Members - \$35 AGP - \$40* 

### Art Camp Ages 4+ Mon - Fri, August 2 - 6 • 2:30-4pm Aspen Rec Center

Roll up your sleeves and get some real experience with different art techniques and styles! We will be trying out a different genre of art each day. This camp is sure to hold onto your heart and mind! *Price: \$75* 



### Capture The Flag Tournament Saturday, August 14 • 5-7pm Sports Park

**Ages 6+** Join us for a night of fun with our first capture the flag tournament! Kids will be split into teams to find the Capture the Flag champions. Players will be brought out into the forest for an authentic experience. Prizes will be awarded for the best teams.

Price: Members - \$25 AGP - \$30

### **Video Game Night**

Saturday, September 4 • 6 - 9pm Meadow Rec Center

Forest Highlands will be offering a game night with the newest gaming consoles. Free play and Tournaments will be available! Show off your Fortnite and Smash Bros. skills! *Price: Members- \$50 AGP - \$55* 

# ADULT CLUBS & EVENTS

REGISTER

at members.fhgc.com

### Splash Dance

Monday, Wednesday, & Friday • 8:30 - 9:20am

Splash Dance water aerobics for women and men of all ages. There is no charge and no need to pre-register. Just show up for this fun activity. *If you have questions, contact Kay Lubecke at kay@lubecke.com* 

### Adult Bocce Drop In FREE

Wednesdays • 5 - 6pm Canyon Bocce Court Begins June 2

Calling all Bocce lovers! We want you to join us on Wednesday evenings for a competitive round of bocce play. *Register your team by May 29th to hold your spot for the Summer Bocce League!* 

### Sunday Farmers Market Shuttle FREE June 13, July 11, August 8 • 9am Meadow Clubhouse Roundabout

Hop on this free shuttle to the Flagstaff Farmers Market every 2nd Sunday of the month June-August! Pick out some fresh produce or taste local Flagstaff treats! This is a great opportunity to enjoy the sunshine and support our local community.



### First Shots Shooting Range Tour & Experience -Field Trip

Sunday, August 15 • 1 - 4pm

*Meet at the Rec Center and head out from there* 

Have you ever wanted to shoot a gun? How about tour a gun range? For the second year in a row here at Forest Highlands you can! Come on out and try your hand and aim with multiple types of guns at the First Shots Shooting Range here in Flagstaff!

\$35/person (Transportation & Tour – Additional Gun Experience Prices Vary) Only 12 spots available! Sign up early to save your spot! Contact Recreation for more details 928-525-5220

### Bocce Tournament @ Cooldown FREE Friday, September 3 • 7pm Canyon Bocce Courts

Calling all Bocce lovers! Join us for a Bocce tournament at the summer's final Cooldown.

### **Pickleball Affinity Club**

**Contact Sandra Williams at swonww@gmail.com** to find out more.

There's a reason pickleball continues to be one of the fastest growing sports—it's easy to start but hard to stop! Add the perfection of Forest Highland's pines to pickleball's inherent addictiveness and you have all the reasons you need to join the Pickleball Affinity Club. We are a growing and welcoming group of pickleball enthusiasts spanning a wide range of ages and abilities. We hope to inspire new members to learn the basics, experienced members to hone their skills , and everyone to share plenty of opportunities to play and socialize by offering a range of options from casual drop-in's, skills clinics, competitions and mixers.